



My Dear Friends:

You are a universe in miniature, come to life as a human being during the most exciting time in history. At the same time, you face all the concerns and alarms of humans striving to live creatively in the midst of whirlwinds of change and challenge. What a difficult and magnificent moment!

How do you manage? And still have the courage, energy and sheer goodness to make a profound, inspiring difference in the lives of your family, your friends and your world?

Mystery School can help. Come and explore this school of spiritual studies that can do three amazing things for you:

- Awaken a profound and very practical awareness of your inborn wisdom, and its capacity to refresh your perspective and provide rich access to your own deepest intelligence.
- Provide innovative skills and practices that add to your treasure house of talents.
- Open doors to cherishing friendships and soul-level allies that give you new courage to face the heart-aching problems and glories of life today.

This year for the first time in the history of Mystery School, because you have requested it, the weekends may be taken as a year-long series of weekends OR as individual weekends. The past 26 years have shown over and over again that the greatest benefit is gained from participating in the full Mystery School series offered on either the East or West Coasts. We also know that these profound teachings need to be available to more people than ever before, and we are pleased to offer you more options to attend.

I'm sure you will be as excited as we are about these innovative changes and about the sessions we are planning for 2010.

I hope you will join me - what a pivotal shift we will create together!

Joseph Campbell stated:
“I think that Houston has broken through to a new understanding of the sense and uses of the disciplines of inward turned contemplation.”

Margaret Mead concurred:
“Jean is a great producer, a creator of significant events. . . as she orchestrates the myriad new voices expressing alternatives of consciousness.”

Deepak Chopra describes her work: “Jean Houston reminds us that we need a new mythology for our age. Without myths, a society becomes sterile and is bereft of meaning and soul. I recommend her highly to those who want to restore the magical and the miraculous in their lives.”

Mystery School Participants declare:
“It is a place where we come to know ourselves as unbelievably magnificent sources of being... a place to take risks in a very supportive environment. . . a place of genius and wizardry... a place of community, a great place to be!”



What Mystery School Does
Jean Houston’s Mystery School is a 26-year-long exploration of wisdom, creativity, mythology, science, magic, and joy, designed to uncover the infinite treasure house within each human, and to practice skillful means in order to bring the deep gifts of that treasure into the world. The Mystery School is Dr. Houston’s modern-day version of ancient schools of wisdom and deep training.

Such schools are vital today. Why? Because our previous training and beliefs have become almost useless in the face of the mad currents of life now. We experience a double demand: we want to “be all we can be,” and also we need to maintain serenity and centeredness when encountering our unbalanced world.

This Mystery School is designed to serve your needs within the context of a dedicated community and exquisite teaching and training. It offers an opportunity for you to refresh your whole self, enjoy multi-traditional studies and understanding, as well as develop skills to enrich your service to the world. You will discover the true depths of your unique spiritual power.

MYSTERY SCHOOL 2010

Spiritual Life in Turbulent Times



JEAN HOUSTON, Ph.D.

We are not human beings experiencing a spiritual life, but rather spiritual beings experiencing a human life.

-Attributed to Teilhard de Chardin



This year for the first time in the history of Mystery School, weekends may be taken as a year-long series or as stand-alone, individual weekends. As with the past 26 years, the highest benefit will be gained from attending the entire series. We are implementing this change in response to your requests for more options to enroll.

Imagine being part of cutting-edge gatherings of passionate individuals committed to their own and humanity's evolution. Imagine journeying together to the emerging edges of human potential and learning how to realize that potential in yourself and make it manifest in the world.

Join us to enjoy integrative practices with music, song, spoken word, psycho-physical exercises, imaginative writing and drawing. Incorporate new learning within the spiritual foundation of the body. Study secrets drawn from the world's spiritual practices. Open inner doors leading to direct knowledge of seen and unseen worlds - allies, archetypes and friends - all eager to assist you in navigating the tumultuous waters of these tumultuous times.

Spiritual Life in Tumultuous Times

MYSTERY SCHOOL 2010



For more information on all of these opportunities and to register, go to JeanHouston.org

New Options: Year-Long Series or Individual Weekends

Session One: Spiritual Power— Old Secrets and New Discoveries

The challenges that face us in today's world make us question what difference one person can make. Explore what the oldest traditions teach about the nature and substance of enduring power, what science has discovered about the old and new forms of meditation and how best to access the untapped spiritual resources that reside within you.

- Release the spiritual energy that can empower your deepest dreams
- Find out the hidden truths only initiates in the oldest traditions understood
- Discover the methods for moving beyond time and space to heal the past.

East Coast February 19-21, 2010

West Coast February 26-28, 2010

Session Two: The Sage's Path— Ceremony as Gateway to Mystery

One of the most poignant human hungers is the need for ceremony and ritual. In this introduction to the new Passages Program, you will learn the secrets of ceremony as practiced by the masters of many traditions. Rituals of meaning, depth and beauty are needed now individually and collectively as we seek new ways of contributing to our own welfare and the well-being of all that we cherish. In this weekend program, you will:

- Learn the hidden aspects of ceremony and how it can help you align with creative forces
- Realize the latest mind/body/brain research about the need for ritual
- Experience a variety of rituals from celebratory to those impacting even past experiences
- Share the fascinating consistencies about ceremonies held all around the world.

West Coast May 21-23, 2010

Session Three: The Spiritual Infrastructure of Abundance

Explore the high art of manifestation, combining the learning of Dr. Houston's 40-year career in the development of human capacities with principles gathered from the world's greatest teachers. Enjoy the learning and then practice applying the principles to your own situations.

- Learn how to nourish your inner skills of attracting abundance and well-being
- Practice aligning with and attuning to the vast generosity of the universe
- Discover the new science behind attracting what you not only want, but need.

East Coast June 25-27, 2010

West Coast September 10-12, 2010

Session Four: Unlocking the Spiritual Soul of Relationships

Dr. Houston explodes the archaic concept of relationships and brings new insight to the expanded concepts of relationships. She reveals the treasures of untraditional learning and through dramatic theatrical performances, engages all participants in a field of experiencing relationship from the perspective of the seen and unseen.

- Clarify the soul of deep, meaningful relationships
- Develop skills to address and honor difficult relationships
- Learn the relationship guidelines as taught by the ancient teachers
- Understand your "shadow" and the role it plays in relationship.

East Coast August 27-29, 2010

West Coast October 8-10, 2010

Session Five: The Mystical Path of Purpose and Meaning

With this final session of the 2010 Mystery School, we enter the deepest potency of spiritual training, not only for living fully the truth of who we really are, but also - and even more importantly - living with such rare and joyous aliveness that others are quickened into clarity and delight.

You will learn:

- How to renew and deepen your unique spiritual knowing and wisdom
- The ability to ride the winds of change with flexibility, courage and exquisite grace
- How to assist in stewardship for our world at this time.

West Coast December 3-5, 2010

Mystery School Year-Long Series

East Coast:

The Garrison Institute,
Garrison, NY

February 19-21

June 25-27

August 27-29

\$599 each or \$1,647 for all 3 weekends, includes all meals, double occupancy lodging, teaching, homeplay and weekly conference calls.

Returning Students - \$1,497

Add \$30/weekend for a single room

Deduct \$90/weekend as commuter

Deposit - \$250/weekend

West Coast:

IONS Retreat Center,
Petaluma CA

February 26-28

May 21-23

September 10-12

October 8-10

December 3-5

\$599 each or \$2,745 for all 5 weekends, includes all meals, double occupancy lodging, teaching, homeplay and weekly conference calls.

Returning Students - \$2,495

Add \$70/weekend for a single room

Deduct \$100/weekend as a commuter

Deposit - \$250/weekend

FOR MORE INFORMATION GO TO: JEANHOUSTON.ORG or CALL: 541.488.1200 or EMAIL: THEOFFICE@JEANHOUSTON.ORG